# Sol Global Coaching Community (SoL GCC)

### **CASE SUMMARY**

The case owner has the opportunity to prepare a case summary that should provide results of the process and provide the reader with an opportunity to reflect on his or hwe own coaching practice. The Sol Global Coaching Community (SoL GCC) plans to establish a library of these cases for its members with the hope that these summaries will strengthen and foster mutual learning among its members.

## PREPARING THE CASE SUMMARY

After the session, the case owner may prepare a short written summary (1 to 2 pages). This is a voluntary activity, and one the SoL GCC encourages each case owner to prepare. The format follows:

## **Brief Description of the Case**

In this section, please include:

- Information about the case, presented in generic or disguised form, protecting the confidentiality of the real client and the coach. You might include context, general information about the person being coached, issue presented, actions that the coach took, and results.
- The guestions you asked that the group to address:

## **Summary of the Session**

The analysis should include:

- The reflective questions raised by the group which you found most stimulating
- Possible actions and alternatives raised by the group (with or without your response, as you wish).

## **Your Learning**

This section could include:

- Key learnings
- What happened when you re-entered the coaching situation (if applicable)
- · How you used or intend to use what emerged from the session.